

Week 1	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Wholemeal Toast	Fresh Fruit	Toasted Fruit Loaf	Fresh Fruit	Wholemeal Toast
Lunch	Spaghetti Bolognaise With Garlic Bread Fresh Pineapple Sticks	Roast Chicken Dinner With Fresh Vegetables Apple and Raisins	Vegetable Curry With Naan Bread Yoghurt	Salmon and Vegetable Pie Jelly	Sausages and Mushroom Risotto Banana and Custard
Tea	Muffin Pizza Flap Jacks	Savoury Rice Carrot Cake	Ham Sandwiches Bananas	Homemade soup Cinnamon and Raisin Cookies	Homemade chicken dippers with dips Melon Slices

Week 2	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Wholemeal Toast	Fresh Fruit	Toasted Fruit Loaf	Fresh Fruit	Wholemeal Toast
Lunch	Tuna and Sweet corn Pasta Bake in Napolitana Sauce Fresh Orange Slices	Bangers and Mash With Vegetables Jelly	Vegetable Lasagne Melon	Chicken Korma With Rice and Naan Bread Banana Muffins	Cottage Pie with Mixed Vegetables Fresh Fruit Salad
Tea	Homemade soup Homemade Jam Tarts	Toasted Sandwich selection Apple and Grapes	Filled Rolls Chocolate Cereal Cake	Beans on Toast Fromage Frais	Macaroni Cheese Fairy Cakes

Week 3	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Wholemeal Toast	Fresh Fruit	Toasted Fruit Loaf	Fresh Fruit	Wholemeal Toast
Lunch	Spaghetti Carbonara	Cheese and Potato Pie With Vegetables and Cheese Sauce	Chicken and Leek Risotto	Cauliflower and Broccoli Bake	Tuna and Tomato Pasta In Hidden Vegetable Sauce
	Banana and Custard	Yoghurt	Tropical Fruit Salad	Stewed apples and pears	Jelly
Tea	Savoury Rice	Ham and Cheese Wraps	Homemade soup	Spaghetti On Wholemeal Toast	Sandwich Selection
	Melon and Grapes	Banana Bread	Cubed Apple	Homemade Biscuits	Fresh Orange Slices

Week 4	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Wholemeal Toast	Fresh Fruit	Toasted Fruit Loaf	Fresh Fruit	Wholemeal Toast
Lunch	Chilli Con Carne With Rice	Ham and Tomato Tagliatelle	Fish Pie With Fresh Vegetables	Chicken and Broccoli Lasagne	Shepherd's Pie With Vegetables
	Pears	Rice pudding	Peaches	Fruit Jelly	Apple Muffins
Tea	Potato Wedges with Sweet Chilli Sauce and Sour Cream Dips	Cheese On Toast	Sandwich Selection	Bagels With Cream Cheese	Macaroni Cheese
	Gingerbread People	Fromage Frais	Fresh Fruit Kebabs	Chocolate Cereal Cake	Bananas